

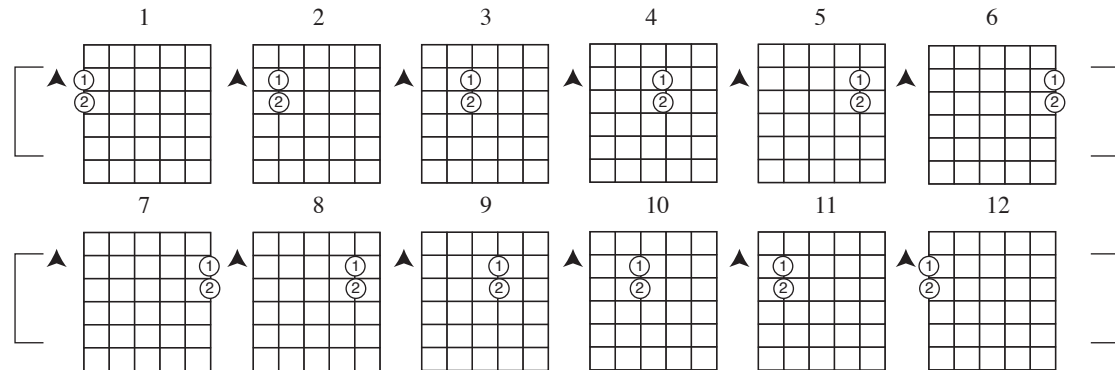
# DEXTERITY EXERCISE #2

## Descending Intervals

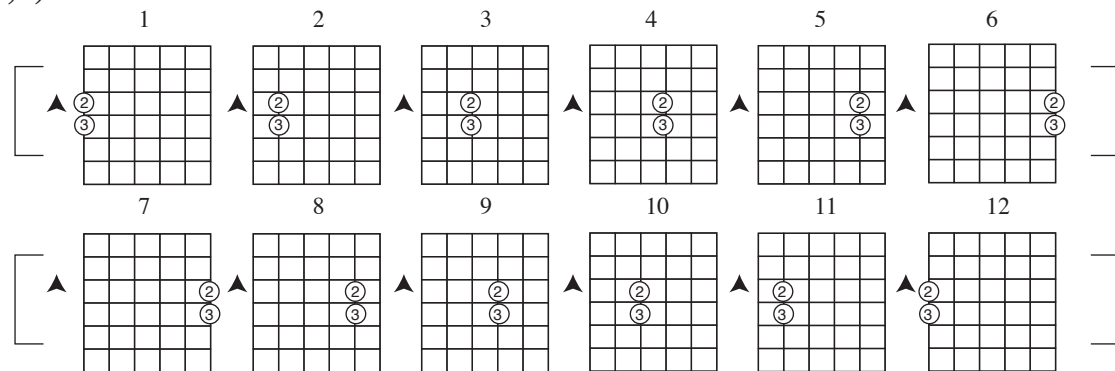
**REVIEW** these TIPS as needed before beginning EACH SESSION.

1. **Relaxed pressure** at all times.
2. **Slow, steady tempo.**
3. **Consistent volume and attack** desirable.
4. **Focus on left hand** technique initially.
5. Release (lift) each finger as next begins succeeding note (**FINGER WALK**).
6. Choose **4 fret area**, around half way up the neck. Stay within the 4 frets you begin with throughout the exercise.
7. Continue finger sequence whether ascending or descending.
8. **Across the neck and back** with each sequence.
9. Numbers (2,1 etc.) indicate finger AND frets within chosen 4 fret area of neck.

Play **(2,1)** slowly and smoothly across the neck and back.



Then, **(3,2)** across the neck and back.



Then do each of these sequential pairs:

**(4,3)**

**(3,1)**

**(4,2)**

**(4,1)**