

Major Patterns - Triplet Ex. 01

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Major pattern, C form
Open position - Key of C

0 1 3 1 3 0 3 0 2 | 0 2 3 2 3 0 3 0 2

0 2 3 2 3 0 3 0 2 | 0 2 0 2 0 1 0 1 3

1 3 0 3 0 1 0 1 3 | 3 1 0 1 0 3 0 3 1

3 1 0 1 0 2 0 2 0 | 2 0 3 0 3 2 3 2 0

Treble clef staff: Three measures of triplets. The first measure contains notes G4, A4, B4. The second measure contains notes A4, B4, C5. The third measure contains notes B4, C5, D5. The fourth measure contains notes C5, D5, E5. The fifth measure contains notes D5, E5, F#5. The sixth measure contains notes E5, F#5, G#5. The seventh measure contains notes F#5, G#5, A#5. The eighth measure contains notes G#5, A#5, B#5. The ninth measure contains notes A#5, B#5, C#6. The tenth measure contains notes B#5, C#6, D#6. The eleventh measure contains notes C#6, D#6, E6. The twelfth measure contains notes D#6, E6, F#6. The thirteenth measure contains notes E6, F#6, G#6. The fourteenth measure contains notes F#6, G#6, A6. The fifteenth measure contains notes G#6, A6, B6. The sixteenth measure contains notes A6, B6, C7. The seventeenth measure contains notes B6, C7, D7. The eighteenth measure contains notes A6, B6, C7. The nineteenth measure contains notes G#6, A6, B6. The twentieth measure contains notes F#6, G#6, A6. The twenty-first measure contains notes E6, F#6, G#6. The twenty-second measure contains notes D#6, E6, F#6. The twenty-third measure contains notes C#6, D#6, E6. The twenty-fourth measure contains notes B#5, C#6, D#6.

TAB staff: T, A, B. Fret numbers: 2 0 3 0 3 2 3 2 0 | 2 0 3 0 3 1 3 1 0

Major pattern, C form
 First position - Key of C#

Treble clef staff: Key signature change to C# major (F#, C#, G#, D#, A#, E#). Three measures of triplets. The first measure contains notes C#5, D#5, E5. The second measure contains notes D#5, E5, F#5. The third measure contains notes E5, F#5, G#5. The fourth measure contains notes F#5, G#5, A5. The fifth measure contains notes G#5, A5, B5. The sixth measure contains notes A5, B5, C#6. The seventh measure contains notes B5, C#6, D#6. The eighth measure contains notes C#6, D#6, E6. The ninth measure contains notes D#6, E6, F#6. The tenth measure contains notes E6, F#6, G#6. The eleventh measure contains notes F#6, G#6, A6. The twelfth measure contains notes G#6, A6, B6. The thirteenth measure contains notes A6, B6, C7. The fourteenth measure contains notes B6, C7, D7. The fifteenth measure contains notes A6, B6, C7. The sixteenth measure contains notes G#6, A6, B6. The seventeenth measure contains notes F#6, G#6, A6. The eighteenth measure contains notes E6, F#6, G#6. The nineteenth measure contains notes D#6, E6, F#6. The twentieth measure contains notes C#6, D#6, E6. The twenty-first measure contains notes B#5, C#6, D#6.

TAB staff: T, A, B. Fret numbers: 1 2 4 2 4 1 4 1 3 | 1 3 4 3 4 1 4 1 3

Treble clef staff: Three measures of triplets. The first measure contains notes C#5, D#5, E5. The second measure contains notes D#5, E5, F#5. The third measure contains notes E5, F#5, G#5. The fourth measure contains notes F#5, G#5, A5. The fifth measure contains notes G#5, A5, B5. The sixth measure contains notes A5, B5, C#6. The seventh measure contains notes B5, C#6, D#6. The eighth measure contains notes C#6, D#6, E6. The ninth measure contains notes D#6, E6, F#6. The tenth measure contains notes E6, F#6, G#6. The eleventh measure contains notes F#6, G#6, A6. The twelfth measure contains notes G#6, A6, B6. The thirteenth measure contains notes A6, B6, C7. The fourteenth measure contains notes B6, C7, D7. The fifteenth measure contains notes A6, B6, C7. The sixteenth measure contains notes G#6, A6, B6. The seventeenth measure contains notes F#6, G#6, A6. The eighteenth measure contains notes E6, F#6, G#6. The nineteenth measure contains notes D#6, E6, F#6. The twentieth measure contains notes C#6, D#6, E6. The twenty-first measure contains notes B#5, C#6, D#6.

TAB staff: T, A, B. Fret numbers: 1 3 4 3 4 1 4 1 3 | 1 3 1 3 1 2 1 2 4

Treble clef staff: Three measures of triplets. The first measure contains notes C#5, D#5, E5. The second measure contains notes D#5, E5, F#5. The third measure contains notes E5, F#5, G#5. The fourth measure contains notes F#5, G#5, A5. The fifth measure contains notes G#5, A5, B5. The sixth measure contains notes A5, B5, C#6. The seventh measure contains notes B5, C#6, D#6. The eighth measure contains notes C#6, D#6, E6. The ninth measure contains notes D#6, E6, F#6. The tenth measure contains notes E6, F#6, G#6. The eleventh measure contains notes F#6, G#6, A6. The twelfth measure contains notes G#6, A6, B6. The thirteenth measure contains notes A6, B6, C7. The fourteenth measure contains notes B6, C7, D7. The fifteenth measure contains notes A6, B6, C7. The sixteenth measure contains notes G#6, A6, B6. The seventeenth measure contains notes F#6, G#6, A6. The eighteenth measure contains notes E6, F#6, G#6. The nineteenth measure contains notes D#6, E6, F#6. The twentieth measure contains notes C#6, D#6, E6. The twenty-first measure contains notes B#5, C#6, D#6.

TAB staff: T, A, B. Fret numbers: 2 4 1 4 1 2 1 2 4 | 4 2 1 2 1 4 1 4 2

Major pattern, C form
Second position - Key of D

3 5 2 5 2 3 2 3 5 | 5 3 2 3 2 5 2 5 3

5 3 2 3 2 4 2 4 2 | 4 2 5 2 5 4 5 4 2

4 2 5 2 5 4 5 4 2 | 4 2 5 2 5 3 5 3 2

Conceptual perspective: Play the Major Pattern, C Form in every key. Play triplets on steps 1, 2 & 3 of the pattern, then 2, 3, 4; 3, 4, 5; 4, 5, 6; etc. to highest note of pattern. Then reverse. Three keys are shown above: C, C# and D. Continue to D#, E, etc. until all keys have been played. When you've completed 11th position you've covered all 12.

For variety, once you're able to play reasonably as above, play ascending portion of exercise in one key, then move to another key a half step higher to play the descending portion. Another option: move key in full steps instead of half as you ascend up the neck, then descend one half step after playing in 12th position before descending in full steps thereafter (to make sure you play in every key/position). I recommend playing the open position as the first and last position to compensate a bit for getting less workout on the open patterns than the the moving versions.